



School SBIRT Training

(Screening, Brief Intervention, and Referral to Treatment)
A Training Opportunity for Middle and High School Student Services Staff

What is SBIRT?

SBIRT is a comprehensive and evidence-based model for delivery by student services. The service begins with administering a standardized Screening instrument. For students who show moderate or high risk results, a Brief Intervention (BI) is conducted. The BI is delivered with motivational interviewing and is protocol-guided. For those students who show high risk concerns and who do not respond to the BI, a Referral to Treatment may be initiated.

Why SBIRT in Schools?

- Evidence-based for addressing student alcohol/drug involvement and evidence-informed for addressing a range of other behavioral concerns, including attendance and classroom behavior
- Student-centered and strength-based
- Teens rate the service with high levels of satisfaction
- Provides a Tier II and Tier III practice with PBIS
- Response-to-Intervention can be ascertained by using baseline and follow-up screening results

Training Description

■ A requirement of registration is to complete:

1. A Pre-training Reading Assignment, and 2. An initial Implementation Plan Both are available at: www.wishschools.org/resources/schoolsbirt.cfm

Submit both documents, prior to first day of training to:

Tracy Herlitzke, therlitzke@cesa4.k12.wi.us

■ Initial Training (Day 1) — Overview of SBIRT, introduction to the requisite skills (Motivational Interviewing), and practice on delivering protocol-guided Brief Intervention services. Audio tape delivery of Brief Intervention.

■ Adopt SBIRT Into Practice and Continue Implementation Planning — Staff deliver SBIRT services and track initial implementation. Staff meet with student services leadership to complete Implementation Plan.

■ Follow-up Training (Day 2) — Staff receive individualized feedback from fidelity review of audiotape. Continue skill building, practice delivering SBIRT, and refining Implementation Plan.

TIME

Registration: 8:00am—8:30am
Workshop: 8:30am-3:30pm

DATE/ LOCATION:

November 3 and December 11, 2015

Sun Prairie District Office
501 S. Bird Street; Room 100
Sun Prairie, WI 53590

Contact: Jackie Schoening, CESA #6
(920) 236-0515; jschoening@cesa6.org

Workshop Questions: Tracy Herlitzke (608) 786-4838; therlitzke@cesa4.k12.wi.us

Registration Questions: Mary Devine (608) 786-4800; mdevine@cesa4.k12.wi.us

Register Online:

www.myquickreg.com/event/event.cfm?eventid=14144

Cost:

Sun Prairie School District — No Fee
All Others—\$100/per person (Lunch and snacks provided)

Payable to: CESA #4

Send Payment to: CESA #4 ATTN: Mary Devine, 923 East Garland Street, West Salem, WI 54669—PLEASE include and clearly define: Participant name, exact name of workshop, and date, with all checks or purchase orders. Thank you!

**ONE GRAD CREDIT AVAILABLE
THROUGH VITERBO UNIVERSITY FOR \$200**

